

Mahatma Gandhi Vidyamandir's

Loknete Vyankatrao Hiray Arts, Science & Commerce College, Panchavati, Nashik-03

**PG Department of Psychology and Research Centre**


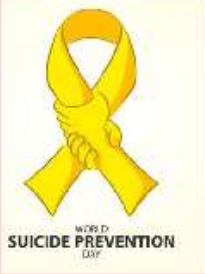
**Academic Year 2023-24**

**Seminar on the occasion of World Suicide Prevention Day**

**Date: 12<sup>th</sup> September 2023**

**FLYER**

Mahatma Gandhi Vidyamandir's  
Loknete Vyankatrao Hiray Arts, Science & Commerce College, Panchavati, Nashik-03  
**PG Department of Psychology & Research Centre**  
**On the Occasion of World Suicide Prevention Day**  
Organizes a Seminar on  
***'Creating Hope Through Action'***



**Dr. Nakul Vanjari**  
Consulting Psychiatrist  
Speaker

**Prof. Dr. Mrunal Bhardwaj**  
Vice-Principal & HOD  
Chief Organizer

**Dr. B.S. Jagdale**  
Principal  
President

**Hon'ble Dr. Yogita A. Hiray**  
Vice-Chairperson  
CDC

Faculty Members of Dept. of  
Psychology  
Organizers

Date: 12<sup>th</sup> September 2023  
Venue: Dept. of Psychology

Time: 08:30 am

## **OBJECTIVES**

- ❖ **To make the students aware of World Suicide Prevention Day.**
- ❖ **To explain the importance of World Suicide Prevention Day.**
- ❖ **To explain the importance of mental health and counseling in the prevention of suicides.**
- ❖ **To explain the applications of life skills in the prevention of suicide.**

## **BRIEF REPORT**

The PG Department of Psychology and Research Centre conducted a seminar on the occasion of World Suicide Prevention Day. The seminar was on the theme: ***“Creating Hope through Action”***. Psychiatrist Dr. Nakul Vanjari was the speaker for this event.

The session started with faculty member Dr. Yogesh Wankhede explaining the meaning and importance of World Suicide Prevention Day and introducing the speaker of the day. Next, Dr. Nakul Vanjari was felicitated by Prof. Dr. Mrunal Bhardwaj. Following this, faculty member Dr. Jaimala Sode was felicitated by Prof. Dr. Mrunal Bhardwaj for getting recognition as a PhD. Guide of SPPU.

Following this, Vice Principal and HOD Prof. Dr. Mrunal Bhardwaj guided the students on the importance of mental health and counseling. She explained how counseling can play a pivotal role in the prevention of suicides. Next, Dr. Nakul Vanjari started his session. He spoke in detail about the meaning, types and causes of suicide. He explained how various life circumstances over the years can lead to a person taking this extreme step. He also explained how life skills play an important role in the prevention of suicides and how the students can apply these skills in real life.

Later Dr. Nakul Vanjari and Prof. Dr. Mrunal Bhardwaj unveiled a QR Code designed for hassle free access to e-books for students of the department.

The event concluded and faculty member Mrs. Savita Pingle presented the Vote of Thanks. The entire event was co-ordinated by faculty member Dr. Yogesh Wankhede.

Faculty members Dr. Jaimala Sode, Dr. Yogesh Wankhede, Dr. D.K. Kanoor, Mrs. Savita Pingle, Miss Insha Jagirdar, Miss Kinjal Gosavi and Miss Harshali Khairnar were also present for the session.

# PHOTOGRAPHS







**GPS Map Camera**  
 Nashik, Maharashtra, India  
 2R33+WJJ, Vaishnavi Park, Nashik, Maharashtra 422003, India  
 Lat 20.004754°

Organize a Seminar on  
**'Creating Hope Through Action'**




**Dr. Sakal Vasant**  
 Consulting Psychiatrist  
 Speaker

**Prof. Dr. Menal Bhorwaj**  
 Vice-Principal & HOD  
 Chief Organizer

**Dr. R.S. Ingole**  
 Principal  
 President

**Dr. Mr. Dr. Vignita A. Hiray**  
 Vice-Chairperson  
 CDC




**DR. PROF. MENAL A. BHORWAJ**  
 DEPARTMENT OF PSYCHOLOGY

SCAN THE QR CODE TO GET FREE ACCESS TO PSYCHOLOGY E-BOOKS




**GPS Map Camera**  
 Nashik, Maharashtra, India  
 2R33+WJJ, Vaishnavi Park, Nashik, Maharashtra 422003, India  
 Lat 20.004754°  
 Long 73.804078°  
 12/08/23 08:48 AM GMT +05:30

# ATTENDANCE

Mahatma Gandhi Vidyapeeth's  
Lakshmi Vyasankar Hiras Arts, Science & Commerce College, Panchavati, Nashik-43  
Post Graduate Department of Psychology & Research Centre  
Academic Year 2023-2024

Seminar on the occasion of World Suicide Prevention Day

Name of the Speaker: Dr. Nalini Vanjari  
Date: 12/09/2023

Sr. No	Name of the Students	Signature
1	Dhanashree Vilas Jadhav	[Signature]
2	Ekta Nana Thakare	[Signature]
3	Deepati Vijay Vokare	[Signature]
4	Susmita Bala Lakhande	[Signature]
5	Prachi Pashai Charankar	[Signature]
6	Yash Jadhav	[Signature]
7	Chaitanya [Signature]	[Signature]
8	Chandhanu Benik Malpavare	[Signature]
9	Gaunwad Prabhakar Vaman	[Signature]
10	Sanap Sheetal parashram	[Signature]
11	Shrawani Maheshwar Karkhale	[Signature]
12	Beja Romant Jyotiraj	[Signature]
13	Sulki Poojya Nishunath	[Signature]
14	Faridha Aul Jadhav	[Signature]
15	Tijasa Suryakant Phaleras	[Signature]
16	Yash K. Shikse	[Signature]
17	Kalpit eke wagh	[Signature]
18	Aditi Jadhav	[Signature]
19	Gayatri K. Jadhav	[Signature]
20	Pooja Vaishnavi Bhusavnath	[Signature]
21	Kalpna Bhima Giese	[Signature]
22	Nishita Sahasrabhusan Anantmal	[Signature]
23	Nayan Ambade Chauhan	[Signature]
24	Rohit Khandke	[Signature]
25	Uday Nivrutti Khandu	[Signature]

Mahatma Gandhi Vidyapeeth's  
Lakshmi Vyasankar Hiras Arts, Science & Commerce College, Panchavati, Nashik-43  
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Academic Year 2023-2024

Seminar on the occasion of World Suicide Prevention Day

Name of the Speaker: Dr. Nalini Vanjari  
Date: 12/09/2023

Sr. No	Name of the Students	Signature
1	Chandhanu Benik Malpavare	[Signature]
2	Ekta Nana Thakare	[Signature]
3	Gayatri Pashai Charankar	[Signature]
4	Nandini Bhaskar Sawit	[Signature]
5	Ekta Vijay Sanawane	[Signature]
6	Maita Shrawati More	[Signature]
7	Pooja Lalita Sitaram	[Signature]
8	Gaunwad Prabhakar Vaman	[Signature]
9	Chandhanu Benik Malpavare	[Signature]
10	Amate Aditya Uddhav	[Signature]
11	Ashutosh Gourav Waghole	[Signature]
12	Megha Rohan Gangurde	[Signature]
13	Chaitanya Maheshwar Karkhale	[Signature]
14	Gayatri Vijay Vokare	[Signature]
15	Dhanashree Vilas Jadhav	[Signature]
16	Ekta Nana Thakare	[Signature]
17	Susmita Bala Lakhande	[Signature]
18	Prachi Pashai Charankar	[Signature]
19	Sheetal P. Sanap	[Signature]
20	Nandini B. More	[Signature]
21	Dattu Bahidas Gaunwad	[Signature]
22	Manoj Shirsani	[Signature]
23	Nandini Nivrutti Bhusan	[Signature]
24	Gaunwad Prabhakar Vaman	[Signature]
25	Arjun Chauhan	[Signature]
26	Pravara Parvati Khande	[Signature]

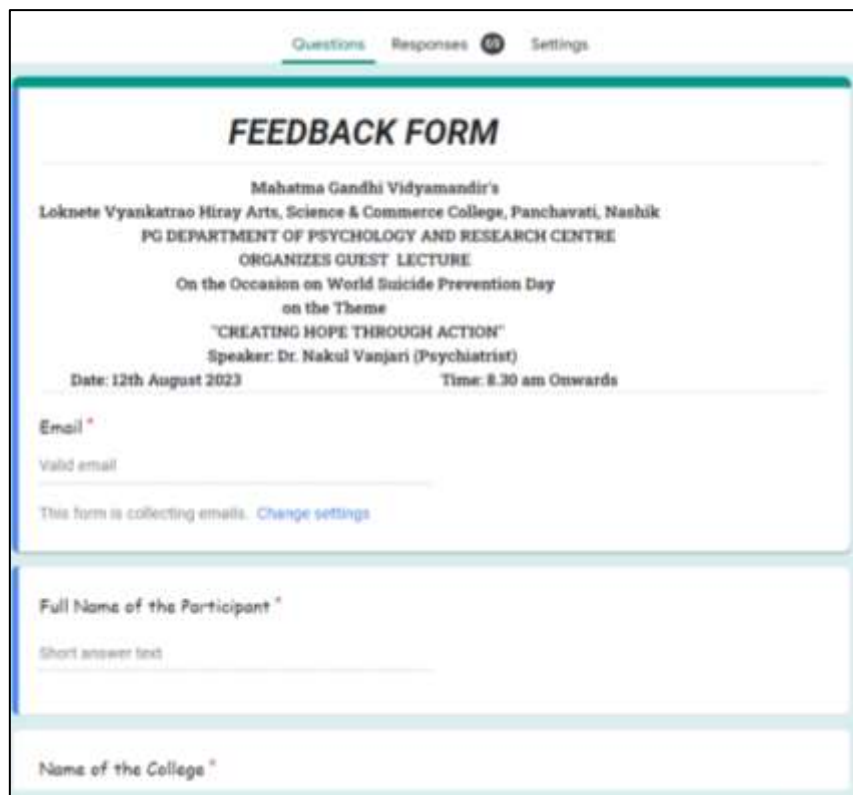
Sr. No	Name of the Students	Signature
26	Jayika Jethi	[Signature]
27	Anmol Sunil Sethi	[Signature]
28	Rutuja Janyaj Mahwan	[Signature]
29	Amruta Pandey	[Signature]
30	Aravindha Nageshwar Pandey	[Signature]
31	Dhanu Jyotiram Dhurmat	[Signature]
32	Nayan Chauhan	[Signature]
33	Rohit Khandke	[Signature]
34	Gayatri Bhagwan Khandke	[Signature]
35	Uday Nivrutti Khandu	[Signature]

Sr. No	Name of the Students	Signature
36	Amruta Pandey	[Signature]
37	Rohit Khandke	[Signature]
38	Dhanu Jyotiram Dhurmat	[Signature]
39	Nayan Chauhan	[Signature]
40	Aravindha Nageshwar Pandey	[Signature]
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42	Nishita Sahasrabhusan Anantmal	[Signature]
43	Kalpna Bhima Giese	[Signature]
44	Anmol Sunil Sethi	[Signature]
45	Rutuja Janyaj Mahwan	[Signature]
46	Nayan Ambade Chauhan	[Signature]
47	Dhanu Jyotiram Dhurmat	[Signature]
48	Rohit Khandke	[Signature]
49	Om Hemant Subandh	[Signature]
50	Pratik Nivrutti Chauhan	[Signature]
51	Yash K. Shikse	[Signature]
52	Gayatri Bhagwan Khandke	[Signature]
53	Tijasa Suryakant Phaleras	[Signature]
54	Nivrutti Khandu Uday	[Signature]

## OUTCOMES

- ❖ The students gained an insight about the meaning of World Suicide Prevention Day.
- ❖ The students understood the importance of World Suicide Prevention Day
- ❖ The students understood the role mental health and counseling plays in the prevention of suicide.
- ❖ The students learnt about the applications of life skills in the prevention of suicide.

## FEEDBACK ANALYSIS

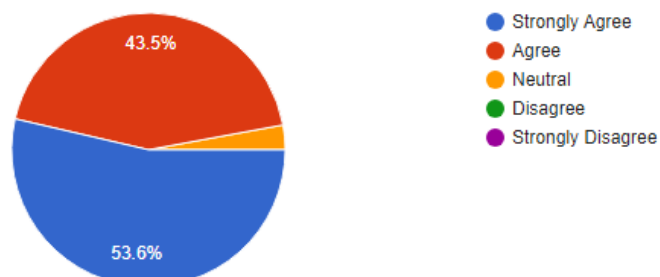


The screenshot shows a Google Forms interface for a feedback form. At the top, there are tabs for 'Questions', 'Responses' (with a count of 69), and 'Settings'. The form title is 'FEEDBACK FORM'. Below the title, the text reads: 'Mahatma Gandhi Vidyamandir's Loknete Vyankatrao Hiray Arts, Science & Commerce College, Panchavati, Nashik PG DEPARTMENT OF PSYCHOLOGY AND RESEARCH CENTRE ORGANIZES GUEST LECTURE On the Occasion on World Suicide Prevention Day on the Theme "CREATING HOPE THROUGH ACTION" Speaker: Dr. Nakul Vanjari (Psychiatrist) Date: 12th August 2023 Time: 8.30 am Onwards'. There are three input fields: 'Email \*' with a 'Valid email' error message and a 'Change settings' link; 'Full Name of the Participant \*' with a 'Short answer text' error message; and 'Name of the College \*'.

The duration of the event was sufficient

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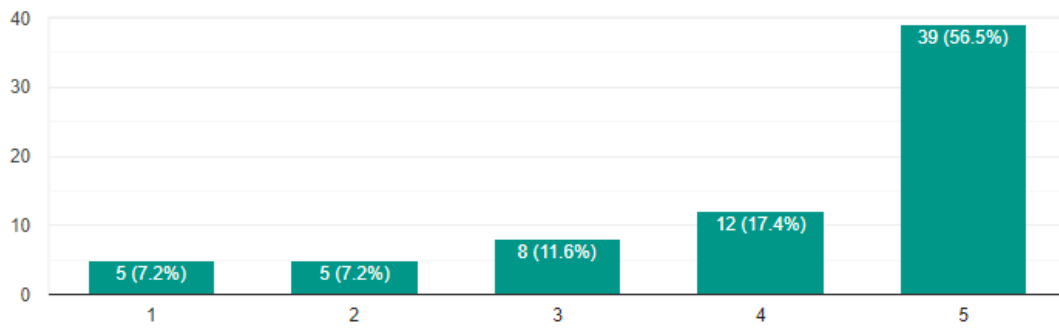
69 responses



### The subject matter was presented effectively

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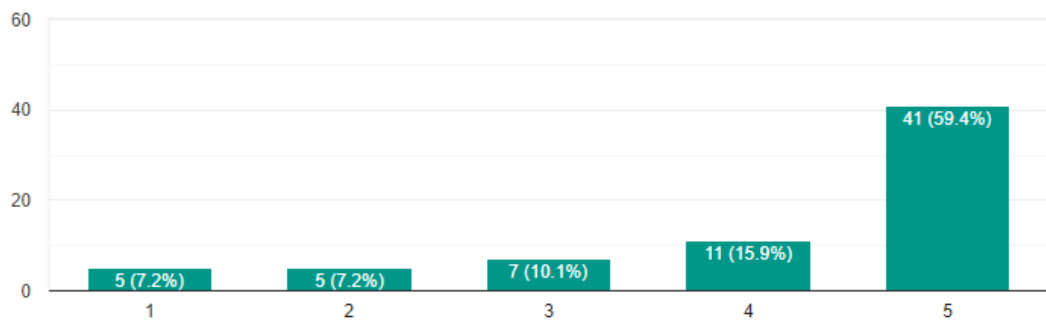
69 responses



### Rate the Subject Knowledge & Content Delivery by the Resource Person

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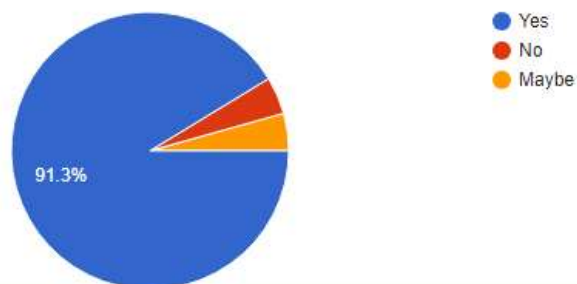
69 responses



### Did the event meet your expectations?

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69 responses

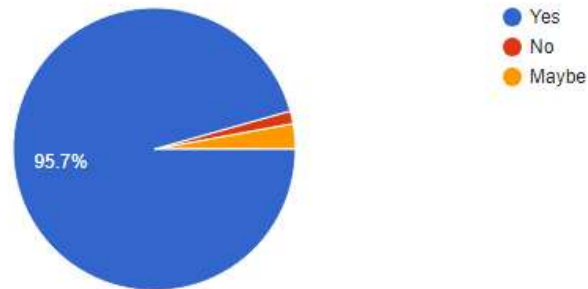




Would you like to attend our events in the future?

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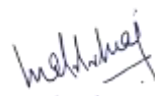
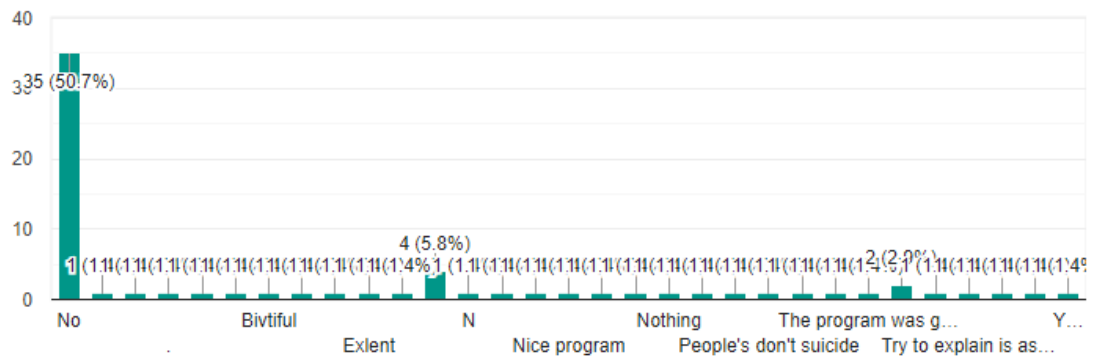
69 responses



Any Suggestions

 Copy

69 responses



**Head**  
Department of Psychology  
Loknete Vyankatrao Hiray  
Arts, Science & Commerce College,  
Panchavati, Nashik - 3.

**Prof. (Dr.) Mrunal Bhardwaj**  
**Head**  
**PG Department of Psychology & Research Centre**